

ARTICLE XV – BLOW OUT POLICY

In keeping with the recreational nature of our league, coaches are expected to prevent games from becoming extremely one sided. In any game in which one team leads another by 5 goals, the winning coach is expected to “pull back” in order to make it more difficult for his or her team to score. Pulling back may include any or all of the following methods:

- Putting players in positions they do not normally play such as having a center forward play right defender.
- Requiring the players to make a certain number of completed passes (perhaps 3 or 4 depending on the age and skill level) between teammates before anyone on the team can take a shot on goal.
- Requiring players to only take shots on goal from outside the penalty area.
- Taking one (or more) players off the field, i.e., playing short.
- Other forms of pull-backs may be utilized.