

Portland Youth Soccer Association: COVID Protocol

Updated: 8/27/21

The information outlined in this document was developed to minimize risks and prioritize the health and safety of all club members. The following protocols are subject to change in accordance with the most recent guidance of state and local authorities.

Mask Requirements (as of 8/27/21):

PYSA is monitoring the recent statement from Governor Brown concerning the new outdoor mask mandate announced on August 24th. Governor Brown shared that Oregon will require masks at most outdoor public settings starting Friday, August 27th. Although the announcement states that masks are not required for outdoor competitive youth sports, PYSA is providing the following guidance in the best interest of our players and community:

- All players and coaches located on the sideline during games and practice will wear a mask as they are not involved or competing in the game/practice environment.
- All players and coaches have the option of wearing a mask during practice as long as social distancing is maintained. Wearing of a mask in a game like setting is not required. If social distancing cannot be maintained, all participants need to wear a mask.
- While it is not required that players wear a mask during games as outlined in the mandate set forth by Governor Brown, players have the option to and are encouraged to do so by PYSA.

Lastly, the OHA rule will require masks for all individuals in outdoor settings in which individuals from different households are unable to consistently maintain physical distance (i.e., spectators at games or practices). Therefore, all spectators will be required to wear a mask on the sidelines. *We want to thank everyone for their understanding as we all work together through this difficult time.*

Player / Parent Requirements:

- Players must have no signs or symptoms of COVID-19 to participate in club activities including practice and games. *Symptoms of COVID-19 include fever over 100 degrees, cough, shortness of breath, loss of taste or smell, persistent headaches, muscle or body aches, sore throat, diarrhea, congestion or runny nose, nausea, or vomiting.*
 - Players must have no close contact or exposure to anyone exhibiting symptoms of COVID-19 to participate in club activities including practice and games.
 - Unvaccinated players, or those in high-risk categories, are strongly encouraged to continue to wear a mask.
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COVID Notification & Case Policies

Parents must notify the leagues COVID monitor (Contact below, Brett Thompson) immediately if their player experiences symptoms, has tested positive, or has been in close contact with someone experiencing symptoms or that has tested positive. Please see below for specific requirements for each case type.

Player/coach tests positive and is asymptomatic (producing or showing no symptoms)

- The player/coach will be removed from club activities.
- The player/coach should monitor daily symptoms and temperature.
- The player/coach should not engage in exercise until evaluation and clearance from a health care provider.
- The player/coach may return to club activities 14 days after the positive test, given that they have been free of symptoms for 24 hours.

Player/coach tests positive and is symptomatic (exhibiting or involving symptoms)

- The player/coach will be removed from club activities.
- The player/coach should monitor daily symptoms and temperature.

- The player/coach should not engage in exercise until evaluation and clearance from a health care provider.
- The player/coach may return to club activities 14 days after the positive test, given that they have been free of symptoms for 24 hours. If symptoms worsen, the player/coach must contact their medical provider for guidance and best recommendations.

If a Player/Coach develops symptoms of COVID-19:

- The player/coach will be removed from club activities.
- The player/coach should contact a primary care physician to inquire about COVID-19 testing.
- If the player/coach tests negative, they may return to club activities after being symptom free for 24 hours without medication.
- If the player/coach tests positive, follow the positive test protocols outlined above.

If a Player/Coach is in close contact with an individual who tests positive in the same household:

- The player/coach is presumed to be positive and will be withheld from all club activities for 14 days, regardless of positive or negative test result.

If a Player/Coach is in close contact with an individual who tests positive (outside of household):

- The player/coach will be removed from club activities and they should monitor daily symptoms and temperature.
 - The player/coach should contact their health care provider to determine if there is a need for COVID-19 testing.
 - If the player/coach tests negative, they may return to club activities, given that they are symptom free. The player/coach should not be tested sooner than 5 days after the exposure incident or close contact's positive test date, whichever came later.
 - If the player/coach tests positive, follow the positive test protocols outlined above.
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Club / Team Responsibilities:

Recommendation: Pre-game/Pre-practice COVID-19 Check-In

All players and coaches are recommended to go through a screening process prior to each game/practice. These questions are recommended to be asked of each player and coach prior to game/practice play:

- Have you had a new or worsening cough?
- Have you had a fever?
- Have you had a shortness of breath?
- Have you been in close contact with anyone with these symptoms or anyone who has been diagnosed with Covid-19 in the past 14 days?

If a player or coach responds yes to any of these questions, they should be instructed to return home and not participate in the game or practice. *If a player or coach has a confirmed case or close contact with a confirmed case, club administration will follow all state and association guidelines as needed in order to:*

- Temporarily suspend club activities for affected members.
- Contact affected club members, OHA, OYSA & PYSA while maintaining player and coach confidentiality is vital to the process of reporting. All reported COVID cases/exposures will be reported to the club's COVID-19 contact only listed below (Brett Thompson).
 1. OHA Reporting Website:
<https://epiweb.oha.state.or.us/fmi/webd/OHA%20COVID%20Reporting%20Portal?homeurl=http://healthoregon.org/howtoreport>
 2. OYSA COVID Contact: nelson@oregonyouthsoccer.org Report only the team name and exposure/positive test result date. OYSA will not disclose any identifying information about the player, coach, or referee when communicating about the protocols of this policy.
 3. PYSA COVID Contact (Brett Thompson):
executivedirector@portlandyouthsoccer.com
- Disinfect equipment and facilities.
- Ensure other coaches, players, parents, or staff are not infected as required.